

EXHIBIT 10

ILLINOIS DEPARTMENT OF CORRECTIONS

Offender Outpatient Progress Notes

Shawnee Correctional/Hardin County Work Camp

Center

Non-Specific Discomfort

Offender Information: Carter Leander MI ID#: B09143
Last Name First Name MI

Date/Time	Subjective, Objective, Assessment	Plans
7/29/19 0930	<p>S) - Any Allergies NIKA</p> <p>- Location of pain / discomfort Hernia</p> <p>Describe pain Stabbing Throbbing Constant Intermittent Etc.</p> <p>- Have you had this pain before and how was it treated Yes - NO fx</p> <p>- Rate pain level scale of 1 – 10 9/10</p> <p>- Duration of pain 4 yrs 98½</p> <p>O) T P R BP WT 96.5 58 14 196</p> <p>- Signs of obvious discomfort Grimacing to palpation</p> <p>- Observations related to body part affected Hernia descending into ○ grain recently moved into ○ thigh approx. 7 inches I/M SIR he is unable move it back in and the pain and discomfort are increasing</p> <p>A) Non-Specific Discomfort Difficulty to bowel and bladder</p>	<p>P) MD Referral Difficulty to bowel and bladder / worsening</p> <p>- Patient presents more than twice at NSC for c/e same discomfort within one month</p> <p>- Patient presents with signs of acute, severe discomfort</p> <p>- Patient has abnormal vital signs</p> <p>No MD referral</p> <p>- Acetaminophen 325 mg, 1 – 2 tablets t.i.d. PRN X 3 days (18 tablets)</p> <p>- Ibuprofen 200mg 1-2 tabs t.i.d. PRN for 3 days (18 tabs)</p> <p>Patient Teaching</p> <p>- Return to see provider if symptoms worsen or interfere with daily functioning</p>
		Nurse Signature Payment Voucher YES NO